

Name _____

Grade in SY19-20 _____

Principal Shitaoka's Summer 2019 READING Challenge

Koko Head Elementary School

THE CHALLENGE: Read for **40 or more days** during the summer!

DIRECTIONS: Have your Parent/Guardian **initial** in the calendar below each day you read for:

- **20 or more minutes/day** for students going to **Gr. 1 & 2**
- **30 or more minutes/day** for students going to **Gr. 3-5**

If you read for **40 or more days** during the summer then you qualify for an **ice cream party** on Friday, August 9th!

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						June 1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	July 1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Aug 1	2	3
4	5	6 - First Day of School	7 - Deadline to turn form in			

TURN THIS FORM IN TO YOUR NEW TEACHER BY WEDNESDAY, AUGUST 7th IF YOU MET THE CHALLENGE

See the other side of this sheet for the 5-2-1-0 Let's Go Challenge!

If you met the challenge, obtain a Parent/Guardian Signature _____

Name _____

Grade in SY19-20 _____

Principal Shitaoka's Summer 2019 5-2-1-0 Let's Go! Challenge
 Koko Head Elementary School

THE CHALLENGE: Meet the State of Hawaii Department of Health's 5-2-1-0 Let's Go!

(<http://www.hawaii5210.com>) guidelines for **40 or more days** during the summer!

DIRECTIONS: Have your Parent/Guardian **initial** each day you meet **all parts** of the 5-2-1-0:

- **5 - Eat 5 or more servings of fruits or vegetables**
- **2 - Watch less than 2 hours of screen time**
- **1 - Get active. More than 1 hour of physical activity**
- **0 - No sugary beverages (soda, fruit drinks, sports and energy drinks)**

The grade level with the **highest percentage of students** who meet the challenge will get **two days of extra recess** supervised by Principal Shitaoka!

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TURN THIS FORM IN TO YOUR NEW TEACHER BY WEDNESDAY, AUGUST 7th IF YOU MET THE CHALLENGE

See the other side of this sheet for the Summer Reading Challenge!

If you met the challenge, obtain a Parent/Guardian Signature _____